

Annual General Meeting 2020/2021

24 March 2021



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AGENDA

- Welcome & Attendance
- Introduction to board members
- Approval of minutes
- Chairperson's Address
- CEO's Report
- Finances
 - Audited Financial Statements
 - Matter's arising from the financial report
- Conclusion
- Date of Next Meeting
- Approval of Decisions
- Thanks and Close

INTRODUCTION TO BOARD MEMBERS



Katinka Pierterse
Chairperson



Rene Fereirra
Deputy
Chairperson



Dee Blackie
Chief Executive
Officer

Quick Review of 2019/2020



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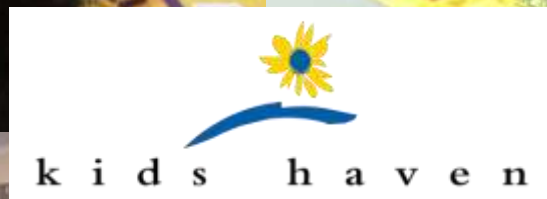
Child Protection Training



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DELFT
WOMEN'S
GROUP



Stakeholder Engagement



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Presentations & Mini Workshops



South African Association for Child and Adolescent
Psychiatry and Allied Professions

SA-ACAPAP



Save the Children



Cyril Ramaphosa
FOUNDATION





TED^x
Johannesburg
= independently organized TED event

Partner Sector Engagement



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Media Engagement on Child Abandonment



Impilo 2500 abandoned babies



- 2500 babygrows were laid out to illustrate how many babies are estimated to be abandoned in South Africa every year.

Lefika La Phodiso Strategic Workshop



Tara Fun Walk

Photobooth, green color fest, Banner paintings and many more activities

TARA HOSPITAL

6.7 KM MENTAL HEALTH PROMOTION

FUN WALK → → →

#YOUMATTER

ENTRY FREE

Friday, 11 Oct 2019
Walk starts & end at Tara Hospital Reg: 08:00
Walk start @ 10:00

Tell us you are coming: Ms V. Munzhelele, 011 535 3010
071 611 6734
Tara The H Moross Centre
@TaraHospital

GAUTENG PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

Tshero 1 Million



Kingsmead Goodwill Day 2019



Artwork by 2018

www.couragekidsgallery.com



What good are wings without the courage to fly?

Afficus



Artwork by 2018

www.couragekidsgallery.com



All you need is the plan, the road map and the courage to press on to your destination.

Earl Nightingale



Artwork by Kaylin Rogers 2019

www.couragekidsgallery.com



The important thing is to take that first step. Bravely overcoming one small fear gives you the courage to take on the next.

Diasku Ikeda



Artwork by Marielle du Plooy 2019

www.couragekidsgallery.com



Love yourself always.

Marielle du Plooy - artist



Seeds of Africa Positive Parenting



Academia



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North West University



- Part of post graduate social work degree – 4th year practical
- +- 200 students trained

SA-ACAPAP Congress 2019



Sustaining Development:
Investing in Child and Adolescent Mental Health

Call for Abstracts & Registration now open!

The closing date for abstract submission is 30 January 2019

Workshops will be hosted on 23 May, as part of the congress - more information to be launched end November 2018.

To register or submit abstracts visit the congress website.

SA-ACAPAP Congress 2019
In partnership with PANDA-SA and SAISI
In association with AACAMH

NEW VENUE: THE WANDERERS CLUB | ILLOVO, JOHANNESBURG | 23-25 MAY 2019

Congress website www.saacapap.co.za

STUDENT BEST POSTER

Ms Marisa Viljoen AND Ms Deidre Blackie

Deidre Blackie
Courage Child Protection

Building courageous communities from the children up: Practicing engaged anthropology in the field of child protection amongst children, young adults and child protection officers.

Courage is a picture based child protection community engagement philosophy, toolkit and workshop process.

- The aim is to build the capacity of child protection workers and community members to engage with children and young people in a way that is safe and effective.
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DRIVERS OF PERSONAL AND COMMUNITY EMPOWERMENT

- Courage identified as operating in the “grey area” of psychiatric health support.



Focus on Mental Health



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TARA H MAROSS
PSYCHIATRIC HOSPITAL





CHRIS HANI BARAGWANATH HOSPITAL



Child Centred Projects



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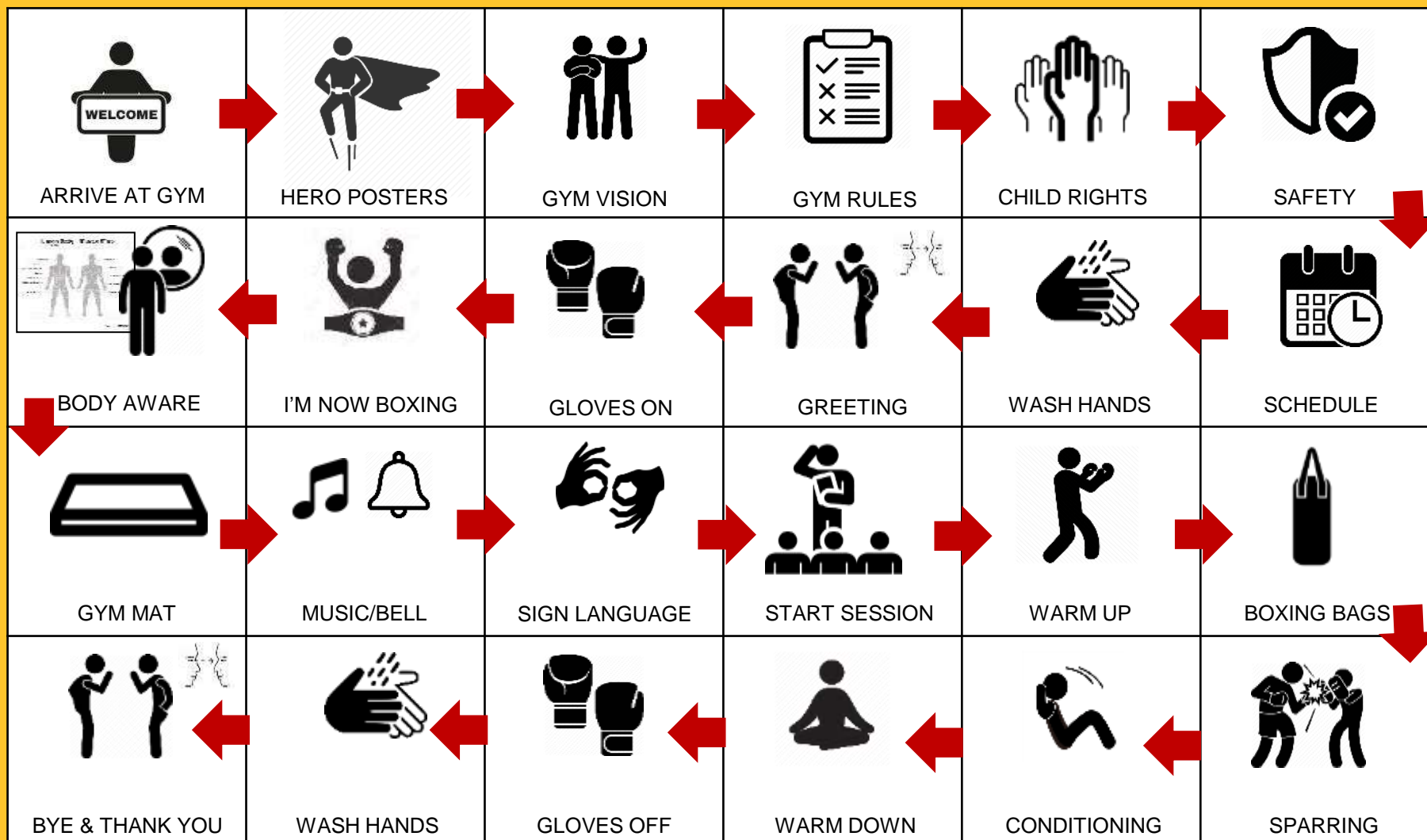






















AFRICAN SENSORY
INTEGRATION GARDEN TARA
CHILDREN'S WARD



Fight with Insight: Autism Boxing Programme

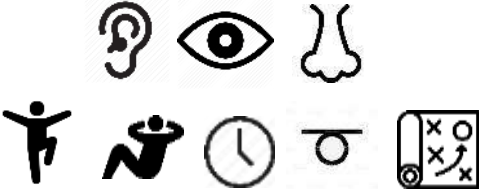



Sensory Integration Understanding



DESCRIPTION	ICON	DESCRIPTION	ICON
BARRIER SENSES (SOMATOSENSORY/IMMUNE/TOUCH)		TOUCH (SKIN)	
PLEASURE/PAIN SENSES (GENETOURINARY & UROGENITAL)		PROPRIOCEPTION (MUSCLES/TENDONS/JOINTS)	
FULL & FINE SENSES (GASTROINTESTINAL & ANXIETY)		VESTIBULAR (INNER-EAR/BALANCE)	
FIGHT/FLIGHT/FREEZE/FLOP SENSES (CARDIOVASCULAR/RESPIRATORY)		TASTE (MOUTH/TONGUE)	
BALANCED BODY/MIND SENSES (ENDOCRINE/HORMONES/GLANDS)		SMELL (NOSE/OLFACTORY)	
PAIN/TEMP/PRESSURE SENSES (CENTRAL NERVOUS SYSTEM)		HEAR (EAR)	
THERMO-REGULATORY SESTEMS (TEMPERATURE/TACTILE)		SEE (EYES)	
POSTURAL STABILITY (TONE/STABILITY/ROTATION/FLEXION)		BILATERAL INTEGRATION (DISSOCIATION/TIMING/SEQUENCING)	
MOTOR PLANNING (PREPARE/PLAN MOVEMENT)		MIDLINE CROSSING (LEFT RIGHT INTEGRATION)	

Proposition and Brand Development



EXERCISE	INSIGHTS/OBSERVATIONS
<ul style="list-style-type: none"> Alternative to pads are foam noodles (cut in half). The coach holds them like a stick and moves them around as a target and to tap/hit the boxer. 	<ul style="list-style-type: none"> Very fast paced. Quite anxious but immediately relax when hit (not painful but can feel it). The noodle noise is loud – can cause stress. Seen as 'not fair', also want noodle for an even fight. 



EXERCISE	INSIGHTS/OBSERVATIONS
<ul style="list-style-type: none"> Similar to the pads, the noodles are used to centre and focus the child. It also reminds them to keep their hands up, move their feet and protect themselves. 	<ul style="list-style-type: none"> Builds resilience. Fun and exciting. 

Chairperson's Address Katinka Pieterse



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CEO's Report

Dee Blackie



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ABUSE OF
POWER



THINGS YOU CAN'T CONTROL DURING A PANDEMIC

IRRATIONAL
RULES & REGULATIONS



OTHER PEOPLE'S BELIEFS



NON-DELIVERY BY THE STATE



CRIMINALITY

OTHER PEOPLE'S BEHAVIOUR



OTHER PEOPLE'S IDEAS



COMMUNITY CONNECTION



ONLINE CONNECTION



RELIABLE INFORMATION



THINGS YOU CAN CONTROL DURING A PANDEMIC

SUNSHINE & EXERCISE



STAYING CENTRED



YOUR CONTRIBUTION



YOUR IDEAS & BEHAVIOUR



GOOD FOOD & REST

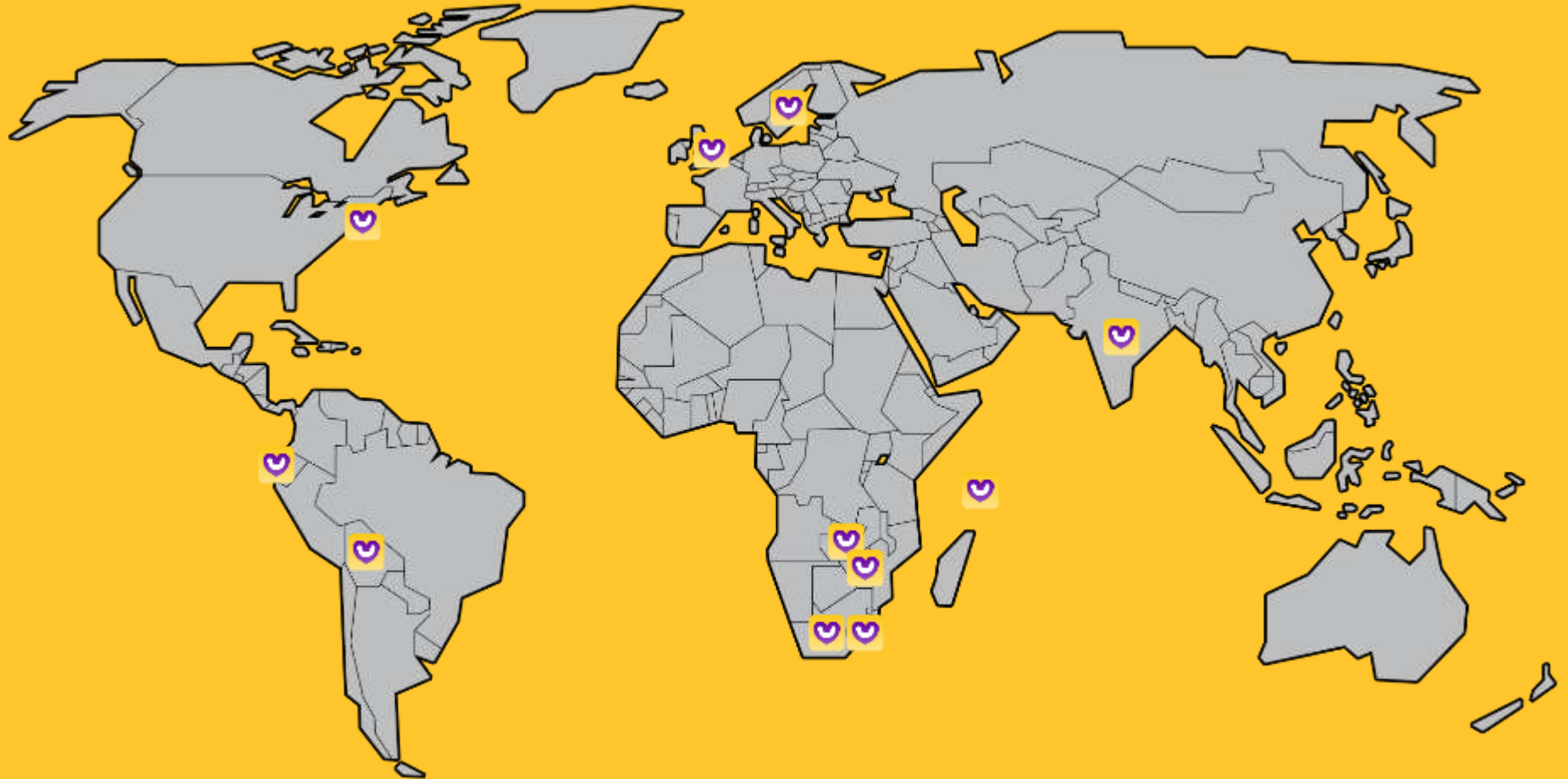


CORRUPTION



www.couragechildprotection.com

Courage around the world 2015 – 2021



TRAINING & ENGAGEMENT SINCE 2015

CPOs/SWs/Police	Community	Teachers	Students	Children
1812	520	107	155	1795



Online Child Protection Training



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Website Update – drive accessibility





ABOUT WORKSHOP PROCESS COMMUNITY

COURAGE QUICK START GUIDE



HOW TO RUN A COURAGE COMMUNITY ENGAGEMENT WORKSHOP

The first step is to download a Courage Quick Start Guide below. This is a poster that you can print out in A2 or A3 format and provides you with a visual guide from 1 to 12 on how to introduce (from 1 to 4) and run (from 5 to 12) a Courage workshop. You can also just scroll down this 'Workshop' page and it will take you through each exercise in detail. You can download all of the presentations and posters or materials you will need to help you run your workshop from this page, or see the 'Community' page to order a printed version of the toolkit.

 [A2 Courage Quick Start Guide Download File](#)

- Focus on access to information and training material in the form of an actual workshop process.

Simple redesign

ABOUT WORKSHOP PROCESS COMMUNITY

5. CREATING A VISION FOR OUR CHILDREN



WORKSHOP EXERCISE: CREATING A VISION FOR OUR CHILDREN

After introducing Courage (an introductory presentation can be found on the 'About' page), the first exercise you will embark on when facilitating a child protection and community empowerment workshop is to create a vision of the kind of world you would like to create for your children. If you are running a workshop with children, the children will create a vision of the kind of world they would like to live in. To help you with this exercise, you will need to download the Courage Vision Presentation, and/or a Courage Child Development Needs and Rights Poster (A4), or a pack of Courage Empowerment Cards. You can print the poster and cards from the PDF documents below, or order the material on our Community page.

 [Courage Vision Presentation Download File](#)

 [A1 Courage Child Development Needs & Rights Map Download File](#)

 [Courage Empowerment Cards Download File](#)

Online Workshops & Engagement

The poster features a vibrant, abstract background with a color gradient from purple at the top to green at the bottom. It includes digital-style elements such as a dotted grid, a circular radar-like pattern on the right, and faint, glowing lines. The main title 'BREATH' is in large, bold, white capital letters, with 'INSPIRE/EXPIRE' below it in a slightly smaller, bold, white font. The subtitle 'A virtual symposium' is in a yellow, sans-serif font. The dates '19 OCTOBER - 13 NOVEMBER 2020' are in white. The hosts are listed in white text. A short paragraph at the bottom describes the symposium's focus, preceded by a vertical yellow bar.

BREATH
INSPIRE/EXPIRE

A virtual symposium

19 OCTOBER - 13 NOVEMBER 2020


Hosted by WiSER (Wits) and the Primary Health Care Directorate (UCT)

The symposium brings together academics, artists, activists and practitioners who work on the intersections of social sciences, humanities, health sciences, arts and activism to creatively think about the many ways that breath and breathing feature in our everyday lives.

Orphan care across the Kashmir Region

← → ↻ 🔒 <https://orphans-care.org/speakers/78/> 📄 🔍 ⭐ ⚙️ 🗑️ 👤 ⋮


المؤتمرات العالمية
لرعاية الأيتام



SCIENTIFIC CONFERENCE
FOR ORPHANS CARE

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About ▾ Speakers Agenda Conference Outcomes ▾ Sponsorship ▾ Exhibitions Contact



Dr. Deirdre Blackie


CEO, Courage Child Protection (South Africa)

Dr. Deirdre Blackie is a child protection researcher and community worker in Johannesburg, South Africa. Following a 15+ years career in business consulting and change management, she started working with communities concerned with child protection, child abandonment and adoption in 2010. She facilitated the creation of a National Adoption Coalition for South Africa in 2011, and since then her primary focus has been on creating awareness and engaging with communities around child protection challenges.

Her Master's Degree research explored the lived experience of child abandonment and adoption in South Africa, and her PhD research has taken her into the field of disability, with a specific focus on atypical children and critical autism studies.

Dr. Blackie launched Courage in 2015, a community engagement programme aimed at assisting child protection officers and communities to address the challenges they are experiencing every day. Over the past five years she has used this programme and toolkit to empower meaningful change in the care and protection of our children.

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Partner Sector Engagement



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Fight with Insight Nelson Mandela Day

**VIRTUAL TOUR
OF THE JOBURG
INNER CITY
JULY
18-
MANDELA
DAY**

**CITY OF
COURAGE
TOUR**

**HOSTED BY
LUKE LAMPRECHT
OF FIGHT WITH INSIGHT & WMACA**

BROUGHT TO YOU BY

**JHB INNER CITY CAN
collective**

**IN COLLABORATION
WITH**

Women + Men
against child abuse

The Angel Network

Fight with Insight

Ingelosi Foundation

Be part of the live
tour with Luke and
his 'Fight with
Insight' runners as
they visit historically
significant Mandela
sites in the Inner City

We'll be inter-
viewing key people
and learn what
they're doing to
prevent the
scourge of GBV.

**HELP PREVENT GBV
BY BUYING A TICKET**

Support the courageous victims of GBV
by buying a ticket to virtually watch the
'City Of Courage Tour'. **Entries cost
R100.** Link to be received by 17 July

**CLICK
TO BUY**

**PROCEEDS GO TO
AFRIKA AWAKE & OUR
'INNER CITY SAFE
HOUSE PROGRAM'-
Creating safe spaces
for victims of GBV**

FOR MORE INFORMATION, EMAIL JEAN@INNERCITYCOLLECTIVE.ORG



Kingsmead Virtual Show of Courage



 **KINGSMEAD COLLEGE**

www.showofcourage.com

A SHOW OF

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**Take part in our 2020 Goodwill Week
'Show of Courage' Virtual Art Exhibition**

EARN 2 SERVICE HOURS FOR EACH CANVAS SUBMITTED AND 2 SERVICE HOURS IF THEY ARE SOLD!




Online exhibition

How to enter - SHOW OF COURAGE x


Not secure | showofcourage.com/how-to-enter.html

Home How to enter The virtual exhibition Purchasing the artwork

HOW TO ENTER



1. PURCHASE A 20 X 20 CM (X 3.5CM DEEP) CANVAS




2. GATHER SOME ART SUPPLIES, PAINT, MIXED MEDIA ETC.

"Be courageous – because in the end we only regret the opportunities we didn't take."

Lewis Carroll

3. CHOOSE OR CREATE A COURAGEOUS QUOTE



4. CREATE YOUR ARTWORK, INSPIRED BY YOUR QUOTE WITH A HEART SOMEWHERE ON IT

- A photograph of your artwork and your inspiring courageous quotation (either developed by yourself or from someone famous) should be submitted to the Courage Teams Platform by no later than the **30th September 2020**.
- The artwork will be displayed for sale in a virtual exhibition on the **Show of Courage Website** (www.showofcourage.com) from the **5th October**.
- All artwork must be dropped off at Kingsmead by no later than the **1st October 2020** in the music reception.
- You will receive **2 service hours for every canvas** you submit, and a further **2 service hours if the artwork is sold**. If your family or friends wish to purchase your artwork, you may give the work to them directly once they have purchased the canvass (see purchasing artwork).

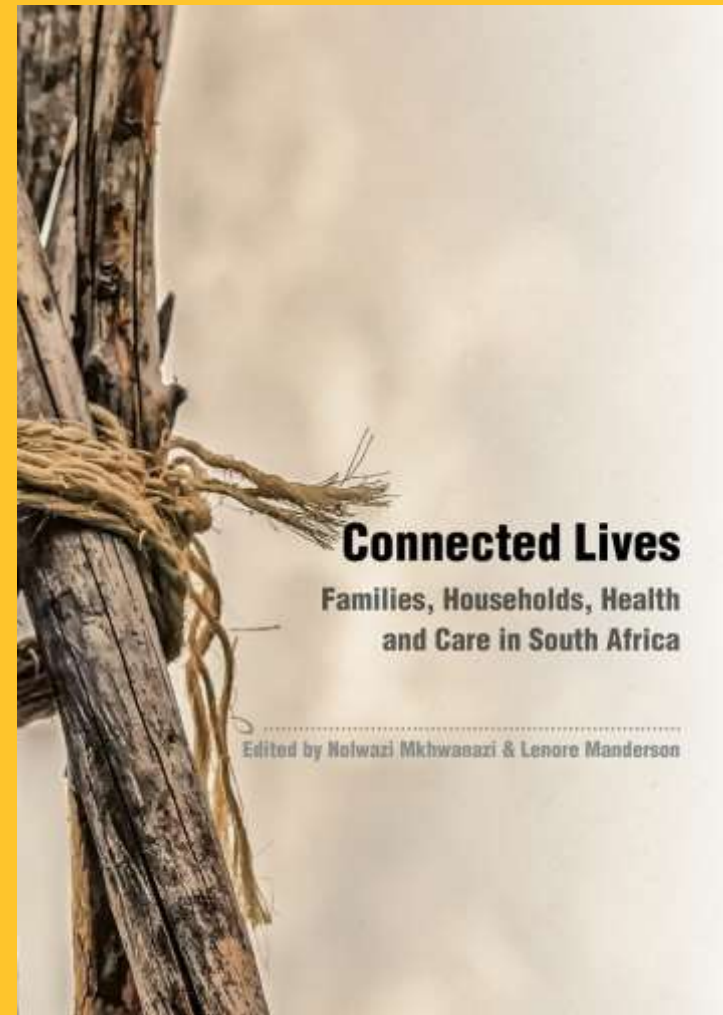
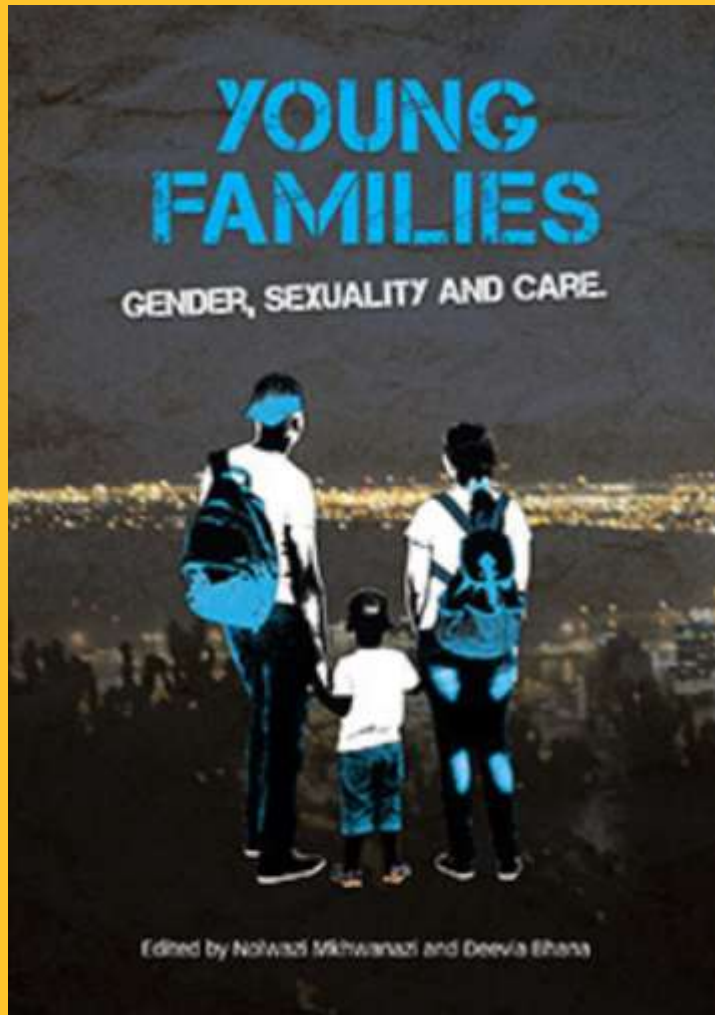
Academia



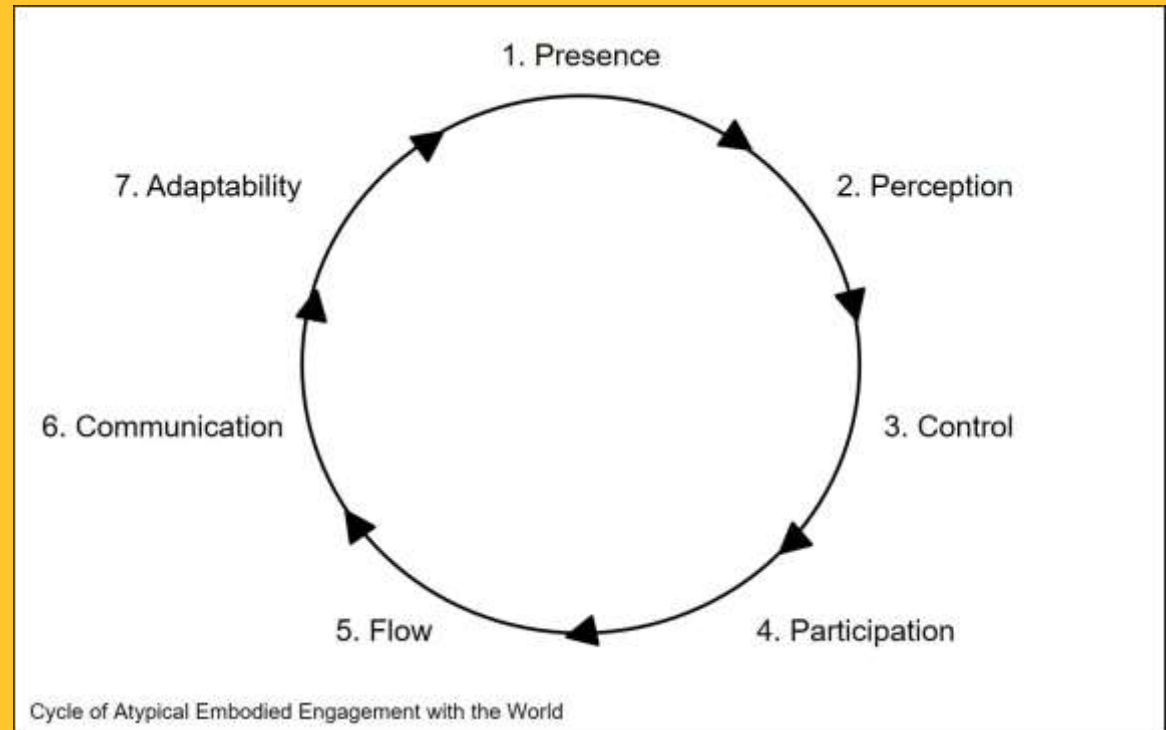
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Published books on child abandonment



The lived experience of atypical children



Looking Forward



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Understanding the status quo

- 26% of adolescents have experienced some form of sexual abuse in SA.
- 50% of all children reported being subject to corporal punishment at school.
- 26% of adolescents have experienced physical abuse by an adult in their lifetime.
- 59 common assaults per 100,000 children in 2016/17 (low reporting often seen as 'normal')
- 83 child rapes per 100,000 children in 2016/2017 (low reporting 1 in 9/25)
- 35.5% of children experienced emotional abuse, most commonly by primary caregivers, followed by relatives and teachers.
- 13% of adolescents indicated that they have been subject to bullying at school.
- 1 in 5 (22.2%) secondary school learners experienced violence at school.

Children often experience multiple forms of violence that overlap.

3 key focus areas

1.
COURAGE IN
THE HOME



COURAGEOUS
PARENTING

2.
COURAGE IN
SCHOOLS



COURAGEOUS
SCHOOLS

3.
COURAGE
SCORE CARD



UNICEF
VAC 2021

COURAGEOUS PARENTING



Courageous Schools

- 4 SIMPLE QUESTIONS?

HOW SHOULD
WE BE
GROWING UP?

WHAT IS THE
REALITY IN OUR
COMMUNITIES?

HOW TO THINK
DIFFERENTLY
ABOUT THIS?

WHAT ACTIONS
CAN AND SHOULD
WE TAKE?

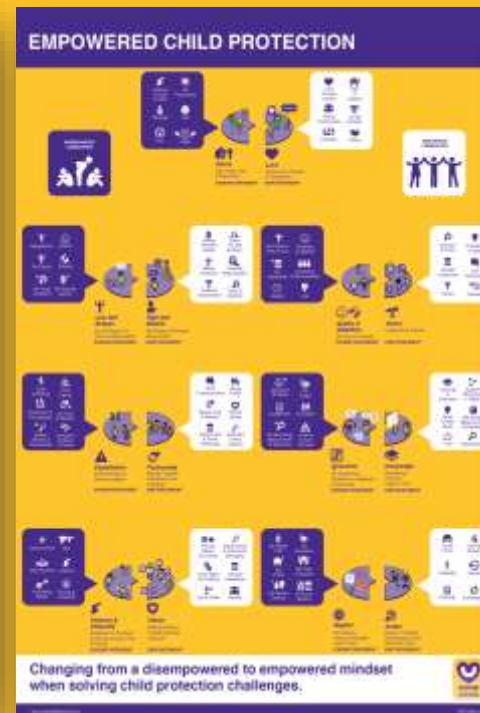
4 picture-based posters



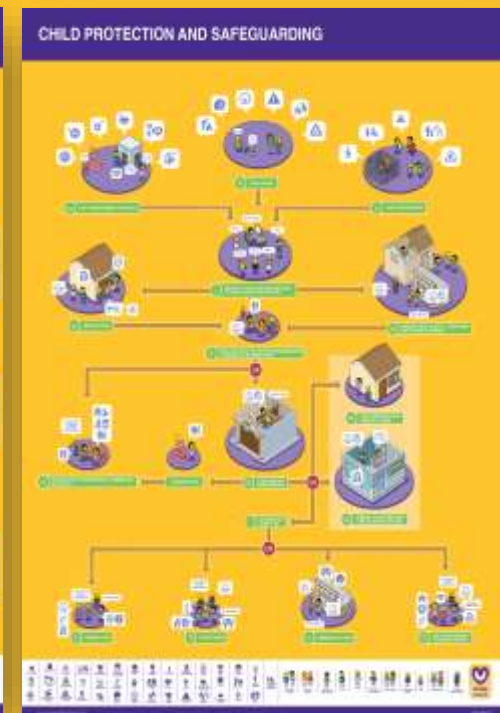
A summary of children's rights and developmental needs by stage/age



A visual representation of a typical SA community, the people and their challenges



The disempowered drivers of child protection challenges and empowered solutions and ideas



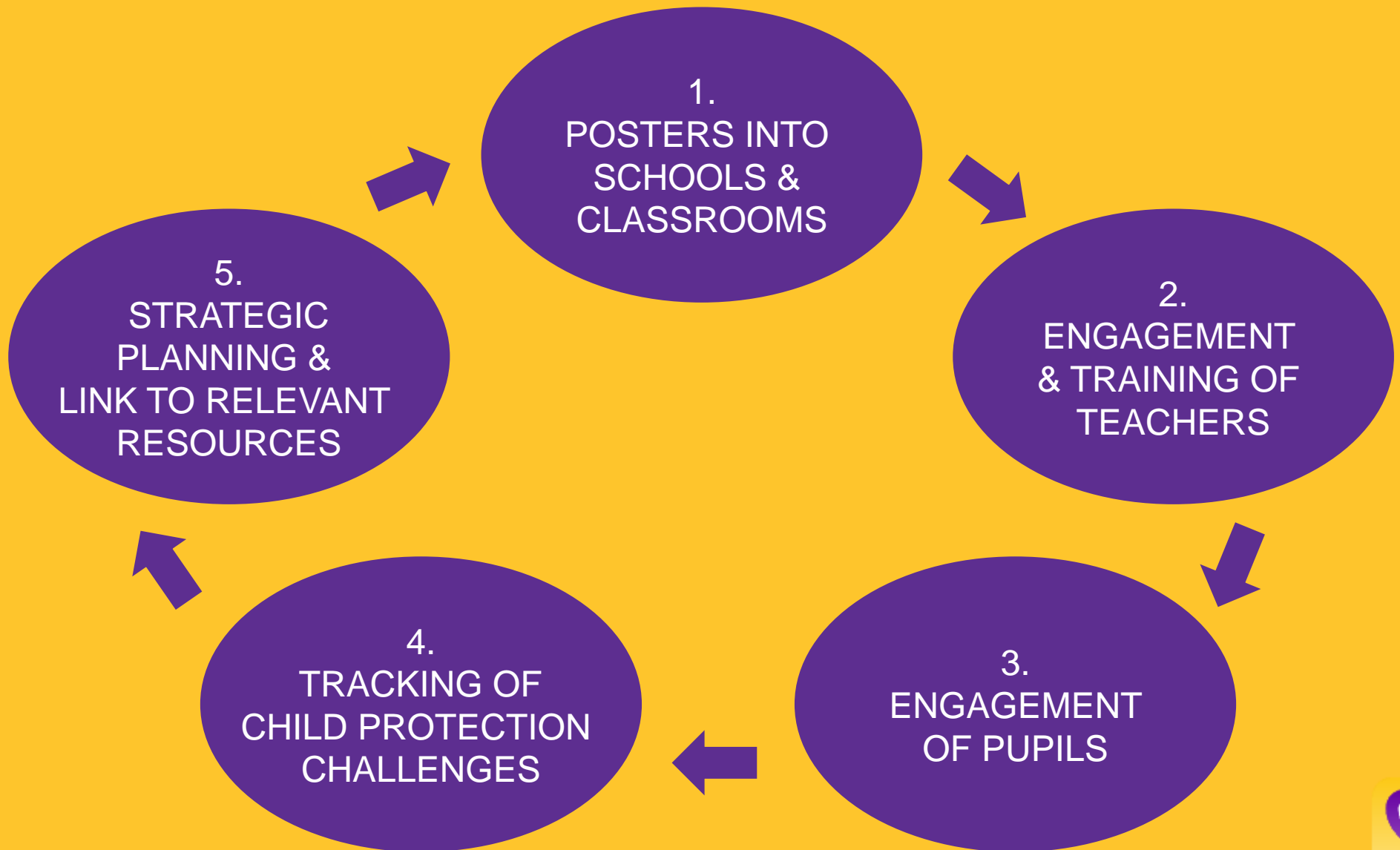
The child protection process to follow in cases of abuse, neglect or exploitation (Children's Act)

**We would like to get these
posters into every school in
South Africa and even
every classroom!**

Note: South Africa has more than 25,000 schools, 23,000 of which are public schools that cater for more than 12-million learners.

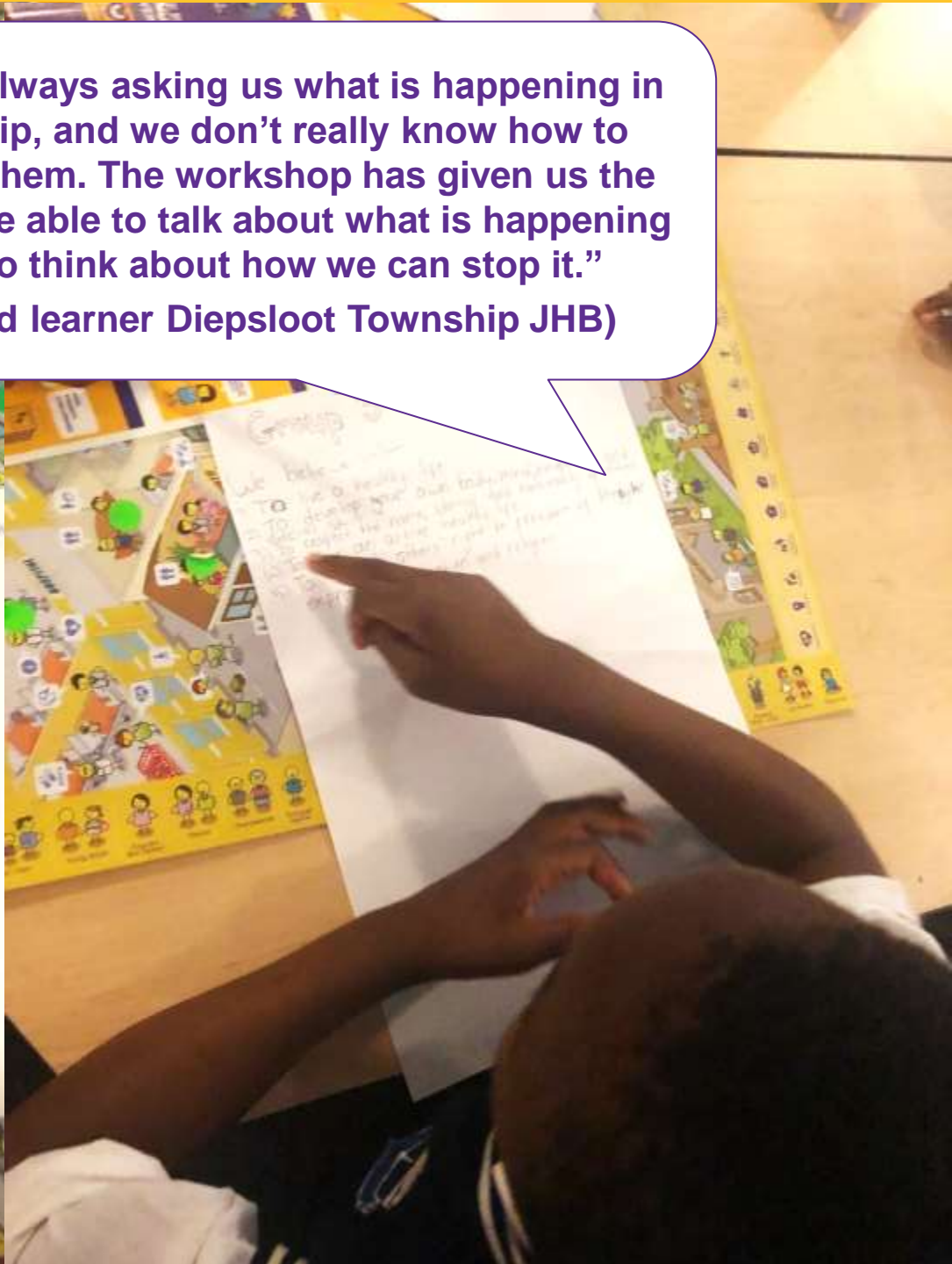
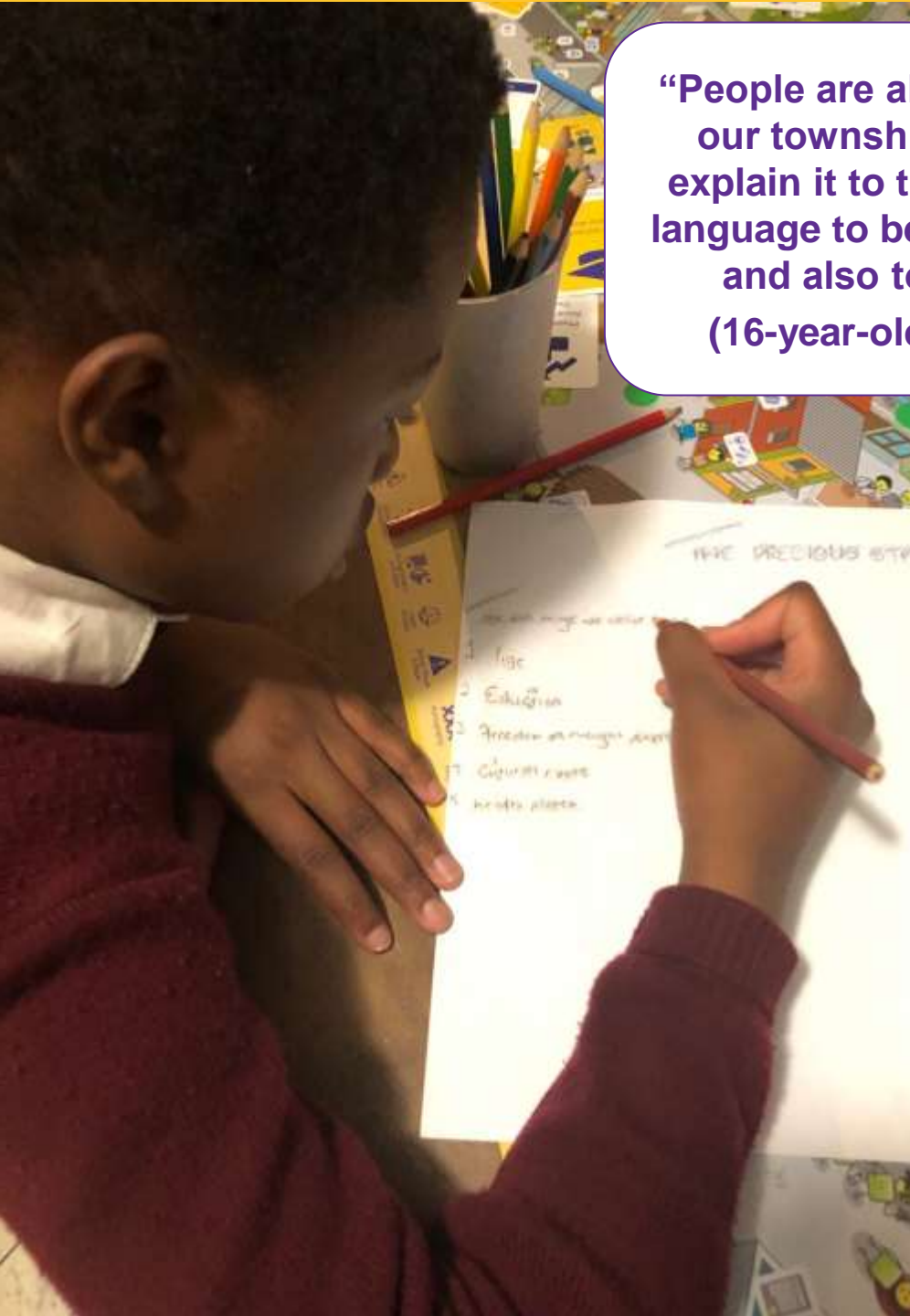


A sustainable solution



“People are always asking us what is happening in our township, and we don’t really know how to explain it to them. The workshop has given us the language to be able to talk about what is happening and also to think about how we can stop it.”

(16-year-old learner Diepsloot Township JHB)



A breakdown of costs

1. Posters into schools and classrooms:
 - R1500 to get 3 sets of 4 x A1 posters (12 in total) into each school with introductory information (including postage).
2. Engagement and training of teachers:
 - R150 per teacher for online training (3 hours)
 - R10 000 for training workshop (1 day, maximum 25 participants and 5 toolkits)
3. Engagement of pupils:
 - Primarily driven by teachers during life orientation or wellness subject time.
 - Workshops can be run with pupils if required (TBQ)
4. Tracking of child protection challenges:
 - Online questionnaire (TBQ)
5. Strategic planning and link to relevant resources:
 - Managed as part of school's strategic process and part of programmes such as the National Schools Safety Framework.

Project Management



Introducing Karen Landi:

- General project management of key projects identified for 2021/2022:
 - Violence Against Children Score Card
 - Courage in Schools
 - General Courage Training & Engagement (Range of courses)
- Database development.
- Monthly newsletter.
- Focussed training and engagement plan and follow up – 10 in 10.
- Collation of material printing and supply.
- Presence at Children's Memorial Institute.

ei&ht



Financials



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Courage Balance Sheet

FOR THE REPORTING PERIOD ENDING 30 APRIL 2021

ASSETS	RANDS	LIABILITIES	RANDS
Current assets:		Current liabilities:	
Cash	R14 955-44	Accounts payable (none)	
Petty cash	R100-00	Wages (none)	
Inventory	61 800-00	Interest (none)	
Supplies	R2 000-00	Taxes (none)	
Total current assets	R78 855-00	Total current liabilities	R0-00
Investments:		Long term liabilities:	
None		None	
Property & equipment:			
None			
Intangible assets:			
Goodwill	R100 000-00		
Trade Names	R50 000-00		
Total intangible asses	R150 000-00		
Total assets	R228 855-00	Total liabilities	R0-00

Courage Income & Expenditure Report

FOR THE REPORTING PERIOD ENDING 30 APRIL 2021

INCOME	RANDS	EXPENDITURE	RANDS
Donations	R8 944-00	Salaries (None)	-
Toolkit purchases	0-00	Toolkit production and printing	0-00
Service Fees	0-00	Materials for Courage Art Exhibitions and Events	0-00
		Banking	R960-00
		Operational expenses	R6 000-00
		<u>Cellphone</u>	R2 400-00
		Petrol	R1 000-00
		Office supplies	R2 000-00
Total	R8 944-00	Total	R12 360-00

Thank you



I have **courage**

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